

4-H UPDATE

4-H Grows
Here

Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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Hello, I'm Rutika Bhakta, and I'm the face of the new office professional at Midway Extension District in Ellsworth. I've built my career as a Business Management professional, specializing in ensuring that daily operations run smoothly and efficiently. I am so glad to be working with such an amazing team here at K-State and I take pride in contributing to the success of the organizations I've had the privilege to work with.



I do not have much experience with 4-H. But so far my understanding is that 4-H is all about leadership, helping others, and projects. I am very excited to learn more about this because for me it means I get to help others learn about resources available through Extension and being able to impact change.

Beyond my professional life, my heart truly lies in spending time with my family and friends. These cherished moments are the cornerstone of my life, providing me with joy, support, and a sense of belonging. Whether it's a cozy dinner at home, an exciting outing, or simply engaging in meaningful conversations, I find that there's nothing quite like the bonds we share with loved ones.

I'm also an ardent sports enthusiast. From the roar of the crowd in a stadium to the thrill of watching games on the screen, the world of sports has a special place in my heart. Go Chiefs!!!

In my journey through life, I've learned that it's essential to find the balance between a fulfilling career and the pursuit of personal happiness. I strive to make the most of every moment, continually seeking new opportunities for growth and experiences that add depth and richness to my life.



Russell Report



2022-2023 RS County 4-H Council Officers

President
Teagen Pfeifer

Vice President
Kierra Eck

Secretary
Taylor Cook

Treasurer
Christian Miller

Reporter
Emma Karst

4-H Council Meeting
November 20 at 7:00pm

Be prepared for these
meetings with officer and
committee reports!

Russell Fair Board Meeting
November 13 at 7:00pm

4-H Junior Leaders
November 20 at 6:00pm

Russell 4-H Council Scholarship

The Russell 4-H Council offers a scholarship for state events costing more than \$150. 4-H members earn this scholarship by working their shift at the 4-H Food Stand during the Russell County Free Fair. A list is maintained in the office if you are unsure of your eligibility.

In order to receive this scholarship, you must turn in an application with the registration for the event!

Russell County 4-H Development Fund Eulert 4-H Camp Scholarship

This scholarship is available to any Midway-Russell County 4-H Member who is attending the Rock Springs Ranch 4-H Camp. The 4-H member must tell at least one group of youth about their camping experience and report their presentation to the Extension Office by September 30th of the current 4-H year. Applications are DUE August 1st.

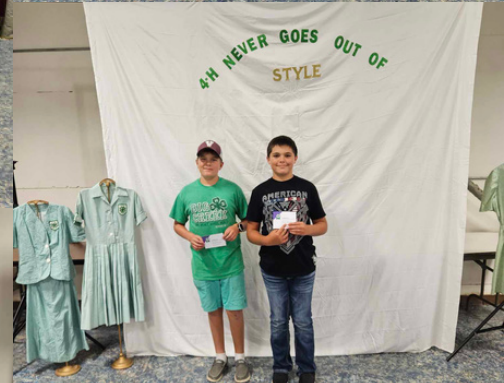
Russell County 4-H Development Fund Event Scholarship

This scholarship is available to any Midway-Russell County 4-H Member attending a 4-H Event. The 4-H member must tell at least one group of your about their experience and report their presentation to the Extension Office by August 1st of the current 4-H year. Applications can be submitted any time prior to the actual event.

All of these scholarship opportunities and more can be found [HERE](#) under the scholarship tab.



Russell Achievement Banquet





Ellsworth Events



2023-2024 EW County 4-H Council Officers

President
Molly Ehrlich

Vice President
Ashlyn Schwerdtfeger

Secretary
Brelyn Zier

Treasurer
Addie Janzen

Reporter
Josey Norris

4-H Council Meeting
February 26 at 6:30pm

Be prepared for these
meetings with officer and
committee reports!

Fair Association Meeting
November 6 at 7:00pm

EW Junior Leaders Meeting
January 29 at 6:15pm

Ellsworth 4-H Council Scholarship Application

The Ellsworth 4-H Council offers an event scholarship that can be applied for by 4-H members.

- Submit the application two weeks prior to event or at time of event registration deadline
- Applications received later than 30 days following the event will not be honored.
- Recipient must give a presentation to local 4-H club or 4-H council following the event.
- Scholarship check will be issued after the presentation is verified by local 4-H club leader or Extension Agent.
- A 4-Her may receive no more than \$150* in total event scholarships each year (October 1- September 30). You may only request up to 1/3 of the total cost of each event.
- Rock Springs Ranch 4-H Camp attendees will be awarded not more than \$50.
- National 4-H events do not count toward the \$125 cap and are considered on an as needed basis.

We had great window displays for National 4-H Week. The winner is Wilson Winners 4-H Club. Our 2023-2024 theme is **Picture Yourself with 4-H!**





Family Resource Page



Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!

Online Record Keeping with Z-Books

Youth may choose to use either record keeping option: a.) the fillable PDF Project report forms or b.) the online ZBooks software

The Permanent Record is included in ZBooks. If you choose to keep records with ZBooks, do not feel like you have to transfer over all of your previous years' activities into the online Permanent Record. Start with this year and attach it to your previous document.

Zbooks is an online record keeping software and is identical to the New Project Report Form pdf - meaning 4-Hers and families now have the option to choose which format they feel most comfortable using. Families can continue to fill out the form fillable pdf version of Project Report Forms or they may opt to keep their records online with ZBooks. Both are evaluated using the same rubric and the same set of standards.

Some features of ZBooks:

- Mobile friendly - jot down notes, weights, ear tags, expenses, etc on the spot
- Internet based - you can work on them from any device that is connected to the internet
- Unlimited amount of entries until final report is submitted - youth select the allowed number of entries to print on final report, allowing them to summarize and prioritize
- Permanent Record is also included
- Extension staff have the ability to view member's progress, send reminders, upload local forms, etc.
- Adult Volunteers may receive viewing rights for members in their clubs and/or project areas so they too can track progress, coach and encourage record keeping
- Live online ZBooks chat feature

For more information click [HERE](#)

To make an account and to sign in click [HERE](#)



Learning Center



LEADERS.... DID YOU...

REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club—please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

What is the Favorite Foods Show?

The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found [HERE](#).

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 10th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 21st, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.

Favorite Foods Show coming January 21!

**4-H Council—as you select representatives from your club for 4-H Council, please remind them of the responsibility and expectations of serving as a Council representative. This is the opportunity to share information at Council with your club and bring information back from Council to each club meeting.

What is Club Day?

Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 25.

Members must be enrolled in 4-H Online by December 1 to participate in Club Day. Club Day entries are due to the extension office by Wednesday, January 24. There is also a handbook for this available at the Extension office and on our website [HERE](#).

Categories include:

- Project Talk
- Show and Tell
- Demonstration
- Illustrated Talk
- Public Speaking
- Talent (dancing, skits, magic tricks, etc.)
- Singing
- Instrumental Skills
- Reading
- Resume/Interview
- Model Meetings

4-H Happenings

JUNIOR SWINE AND MEAT GOAT PRODUCER DAYS

K-State **Junior Sheep** Producer Day is **Saturday, March 16**.
Junior Beef Producer Day is **Saturday, March 2**. Both events take place in Weber Arena on the Kansas State University campus in Manhattan. These educational events are organized by the K-State Youth Livestock Program. All ages and skill levels are invited to increase knowledge related to the goat project.

Save the Date

Spring Weigh In

February 17, 2023 at

Ellsworth Animal
Health 8-11am

February 18, 2023 at Russell
Livestock Sale barn- 2-5pm

****Re-enrollment—please have current families complete re-enrollment by December 1 if they want to participate in District Club Day! Also, volunteers will need to update their volunteer status at this time!**

I ♥ 4-H 4-H Officer Training

November 27, 2023

6:00p.m. - 8:30p.m.

4-H Building - Russell, KS

702 Fairway Dr, Russell, KS 67665

If you've been elected to an important office in your 4-H Club. Come learn your roles and responsibilities for your club.

Collegiate 4-H and other volunteers will be presenting the sessions

RSVP with the link provided by November 20th

https://kstate.qualtrics.com/jfe/form/SV_3HHeNSRzSefwJuKt



Barton County—620-793-1910

Ellis County—785-628-9430

Midway District—785-483-3157

K-STATE
Research and Extension



Parents come learn all about your role as a parent, online resources, and helping 4-H'ers identify ways to take project leadership and citizenship to the next level

*K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Karrie Van Winkle two weeks prior to the start of the event on November 13th at 785-483-3157 or karrievan@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.



Order by
December 1,
2023

Kansas 4-H T-Shirts Online Order



A FUNDRAISER
FOR THE KANSAS
4-H YOUTH
LEADERSHIP
COUNCIL!

2 Design Options
for 2023

K-STATE
Research and Extension



Youth Leadership
Council



Upcoming Events



November 1

Club Officers to the
Extension Office

November 5

Russell County Project Fair

November 27

Officer Training

December 1

4-H Online Enrollment Due
to do District Club Day

January 21

Favorite Food Show

January 24

District Club Day Entries
Due

Upcoming Events: Be sure
to regularly check the
Midway District website
for upcoming shows and
clinics.

www.midway.k-state.edu/events/areashows.html



www.facebook.com/Midway4H
www.facebook.com/MidwayKSRE



@Midway4H @MidwayKSRE



@ksre_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Karrie will be working in the Ellsworth Office

November 2	December 1
November 15	December 14
November 22	December 20

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November 2023

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tomatoes, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CLUB OFFICER WORKSHEETS DUE	2	3
4	5 Club Meetings: BC	6 Club Meetings: ECFA Meeting	7	8	9 Extension Board Meeting-RS	10 OFFICE CLOSED IN HONOR OF VETERAN'S DAY
	11 Veteran's Day					
12	13 Club Meetings: RS Fairboard	14	15 Club Meeting: WCV	16	17	18
19 Club Meetings: AC/WW/LS/SF	20 Club Meetings: CL Club Meeting	21	22	23 Thanksgiving OFFICE CLOSED THANKSGIVING HOLIDAY	24 OFFICE CLOSED THANKSGIVING HOLIDAY	25
26 Club Meetings: TT/EH EW Jr. Leaders	27 Club Meetings: RS Council	28	29	30		

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December 2023

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tomatoes, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 4-H ONLINE ENTRY DEADLINE FOR CLUB DAYS	2
3 Club Meetings: BC	4 Club Meetings: ECFA Meeting	5	6	7	8	9
10	11 Club Meetings: RS Fairboard	12	13	14 Extension Board Meeting - EW	15	16
17 Club Meetings: AC/WW/LS/SF EW Jr. Leaders	18 Club Meetings: CL Club Meeting RS Jr. Leaders EW Council	19	20 Club Meeting: WCV	21	22	23
24 Christmas Eve Club Meetings: EH/TT	25 Christmas OFFICE CLOSED	26 OFFICE CLOSED	27 OFFICE CLOSED	28 OFFICE CLOSED	29 OFFICE CLOSED	30